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“Our residents have been using the StyroMotion exercisers since they first came out and we are absolutely thrilled to see their excitement in using this new exercise system. It is colorful, lightweight and easy to move around, and the residents get a real sense of accomplishment when using it ... it is almost like the residents are kids again. They are having so much fun, they don’t even realize they are exercising. There is no doubt we will see more upper body movement and range of motion in our residents, as they use this system over time. We appreciate you Terry, and thanks for your inspiration to create this program!”

A handwritten signature in black ink that reads "Gayla D'Hollosy". The signature is written in a cursive style with a large, sweeping flourish at the end.

Gayla D'Hollosy, Marketing Director  
GoldenCrest Senior Living Community